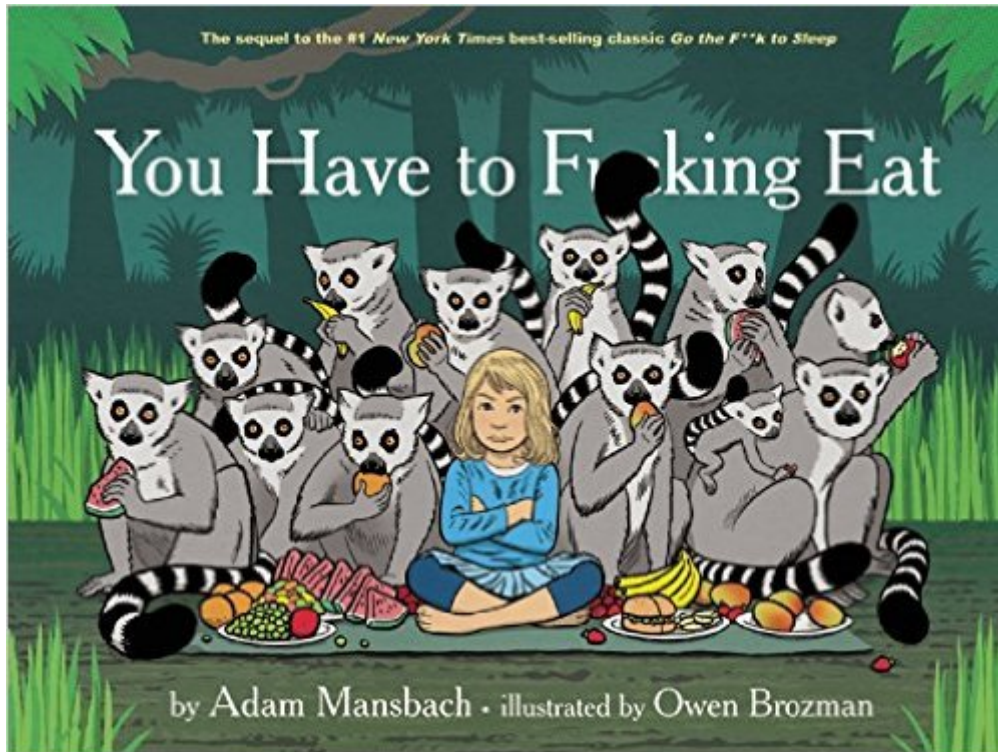


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# You Have To F\*\*\*\*\*g Eat



## Synopsis

A New York Times Best Seller  
One of BookRiot's Must-Read Books from Indie Presses for 2014  
One of Flavorwire's 50 Best Independent Fiction and Poetry Books of 2014  
"You Have to F\*\*\*ing Eat makes parents of picky eaters smile."--TODAY Parents  
"Adam Mansbach...will delight exhausted and exasperated parents everywhere for a second time with You Have to F\*\*king Eat--another children's book that is most definitely not for children."--Entertainment Weekly  
"An equally hilarious ode to kids at the table."--Huffington Post  
"Parents, Adam Mansbach gets you. He understood that sometimes your kids just won't go the f\*\*k to sleep. And, in his new foulmouthed bedtime book for parents out Wednesday, he understands that sometimes they just won't f\*\*king eat. And he knows, well, it's really f\*\*king annoying. So how about some f\*\*king comic relief?"--GQ  
"A likeable variation on a universal f\*\*\*ing theme."--Kirkus Reviews  
"A hilarious sendup of the eternal fight between kids and their parents over what to eat and when--if at all."--New York Journal of Books  
"If you're a frustrated parent with a picky child, or even just one who appreciates 'deranged' humor, especially humor that rhymes, this is a terrific read for you...Parents will enjoy a good chuckle and subtle reminder that everything is better, including parenthood, if tackled with a little bit of humor."--San Francisco Book Review  
"You Have to F\*\*cking Eat, Sequel to Go the F\*\*k to Sleep, Is Finally F\*\*king Coming...It will arrive just in time to gift it to your brother-in-law, who, upon unwrapping it, will clutch it immediately to his chest and shake his head furiously at his waist-high daughter as she claws at him with her chewed up nails. 'No, no, it's not for you,' he'll say, laughing and crying at the same time."--Flavorwire  
"An uproarious spoof of bedtime board books."--San Francisco Chronicle  
"A 21st-century bedtime story for the ages (and all ages) if there ever was one."--Bay Area Reporter  
"Parents, when your precious angel rips you from your three hours of sleep to demand food that he won't actually eat, you'll want this f'ing book."--Mashable  
"Forthcoming new book by genius funnyman Adam Mansbach."--BoingBoing  
"Mansbach freely, fabulously curses out the uncensored truth; Brozman makes sure you'll recognize your irresistible, equitably diverse mini-mes with those all-too-familiar expressions, from utter disdain to overwhelming trust and every little eyeball roll in between."--BookDragon/Smithsonian Asian Pacific American Center  
"If your kid has never presented you with some new mind-boggling preference at mealtime, I suspect you're lying."--Persephone Magazine  
"This book is genius. It is what every parent is thinking when their child refuses dinner."--Old School/New School Mom  
"With this soon-to-be crude classic, Adam Mansbach has nailed it with his undeniable animal/child comparisons all cozily complimented by Owen Brozman's humorous illustration--we dare you not to giggle into your eggnog."--Curious Mom  
"Illustrations are just as enjoyable and the narrative again paints the perfect picture."--Roundtable Reviews  
From the

author of the international best seller *Go the F\*\*\* to Sleep* comes a long-awaited sequel about the other great parental frustration: getting your little angel to eat something that even vaguely resembles a normal meal. Profane, loving, and deeply cathartic, *You Have to F\*\*\*ing Eat* breaks the code of child-rearing silence, giving moms and dads new, old, grand- and expectant, a much-needed chance to laugh about a universal problem. A perfect gift book like the smash hit *Go the F\*\*\* to Sleep* (over 1.5 million copies sold worldwide!), *You Have to F\*\*\*ing Eat* perfectly captures Mansbach's trademark humor, which is simultaneously affectionate and radically honest. You probably shouldn't read it to your kids.

## Book Information

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## Customer Reviews

The follow up to the Samuel L Jackson narrated "Go the F\*\*\* to Sleep", *You Have to F--king Eat*, narrated by Breaking Bad's Bryan Cranston has completed the narration of my entire evening (3.5 & 5 yr old boys) by two of the best cursers known to man. If only we could 3rd and 4th books in the series (get in your car seat, don't run into the street) narrated by Al Pacino and Christopher Walken to cover the rest of my week.

I was trying to figure out how Adam Mansbach was going to top his hilarious "Go the F\*\*\*\* to Sleep" picture book (sorta a parody of Goodnight Moon), and here it is. I was a stepdad to three kids for about 5 years, and getting them to sleep paled in comparison to getting them to eat right. The tween girl wanted to eat nothing but mashed potatoes, while the smallest boy was on a diet (not paleo!) of Ramen and cereal. The older boy just into his teens ate anything and everything, but keeping him

fed was like feeding a coal fired boiler. So yeah, even tho I am no longer troubled by this, I found this book hilarious. Every parent with a "problem eater" (which is pretty much any parent) should read this book and thus realize you're not alone and it could be worse. Owen Brozman here takes over the illustrators mantle, and does an excellent job. I await with much trepidation the next book.

Dating?

I feel like this guy lives with me. I have two kids. One won't sleep, one won't eat. This is another instant classic in our house.

This book is absolutely hilarious! It is not meant for children, but you can edit it as reading it so it can be a children's book. The pictures are funny, the situations can be related to, and the book is overall really funny. This book should be read by all parents who have a picky eater. My son pulls the same stuff kids do in this book. The page where the kid refuses to eat pancakes because he suddenly hates them, when they used to be his favorite, and the parent told him he's full of \*\*\*\* and to stop lying made me laugh. My son will love something one day, and then claim to hate it the next. This would be a great gift to anyone that has a toddler, or anyone who has a kid that can be a jerk about eating ;)

If you are a fan of Adam Mansbach's Go the F\*\*\* to sleep and its accompanying audio book narrated by Samuel L. Jackson, then you will probably love this book. Written and drawn in the style of a children's book, You Have to F\*\*\*\*\* Eat addresses to age old battle fought between child and parent at meal time. Imagine Good Night Moon or Where the Wild Things Are if they were written by a foul-mouthed sailor. The language is raw, but the tone and "story" are pitch perfect. As I stated in my review of Go The F\*\*\* to Sleep, avoid this book if you are easily offended. I took a star off because this is Adam Mansbach's second children's book parody and I felt like it rehashed the original book's formula without breaking much new comedic territory.

I was in tears, I laughed so hard reading this book. I have two kids, both who have feeding issues. My eldest is in college and doesn't have a feeding tube anymore and is greedy. My youngest still has a feeding tube. After some minor test, there was no reason for them not to eat. They just didn't want to so they had to get feeding tubes. The title of the book alone had me cracking up. If only I could read it to them lol. I'm getting his other books.

This book hit a little close to home. I'd have given it the fifth star, but I've said almost every line from this book, at one point or another, so I know it wrote itself.

DISCLAIMER: This is a review of an audiobook. Adam Mansbach's poem "You Have to F--king Eat" is a cathartic ode to so many parents who are so damn exhausted trying to make their little ones eat normal meals at normal times. I absolutely loved this grown-up poem because it is hilariously accurate and, even in its explicit version, it somehow still manages to sound cute. And the best part yet: it's brilliantly narrated by Bryan Cranston, better known to many as Heisenberg from "Breaking Bad." Honestly, I like this poem even better than Mansbach's preceding international bestseller "Go the F--k to Sleep" and I prefer Cranston's narration over Samuel L. Jackson's (Jackson was the voice for the first book). VERDICT: 5 out of 5

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